

717-248-1111

877-741-7411



- meeting needs of special populations
658 Valley Street – Lewistown, PA 17044

July – Sept 2019

the NuVisions Updater



IT WAS RAINING CATS AND DOGS!



It was cold and rainy day - not the beautiful sunshiny one we were hoping for; but despite our weather woes we still hosted our annual Summer life skills meeting and picnic.

This year we met at Kish Park in the large green pavilion by the creek. It was nice to have a protected place to meet; however, the tin roof of the pavilion made it a little hard to hear when the speakers were sharing their information. Thankfully, they were able to talk with many of you individually.

Our guest speaker was Brooke Penepacker from the Geisinger “LIFE” program. She and the site supervisor Kate talked about the program, its requirements, and benefits. LIFE Geisinger is a unique program that goes beyond traditional methods to provide healthcare services to adults 55 years of age or older. This comprehensive model of care includes preventive care, medical care, social services and long-term care when necessary. This all-inclusive program helps older adults maintain quality of life while living in their own homes!

For more information about this program call 717-363-9077 or drop in at 106 Derry Heights Blvd (in the new PRIMARY HEALTH BUILDING - entrance between Quality Inn and Dr. O’s)- Lewistown, PA 17044. They are on the 2nd floor.



Wanda Bowmaster’s husband Paul did a fantastic job grilling the burgers and hot dogs. We want to thank all of our drivers, and other sighted friends who helped our customers get everything they needed to enjoy the wonderful picnic. Barry Hetrick wanted to especially thank Ben Rubinstein for his help in getting food and making sure he had everything he needed. --A big thank you to all.

Front page: the gang with Katye

**Top: Harley D. is ready to party
on the day before FLAG DAY!
“Rock on!”**

**Center: The group tries to listen
to Brooke and Kate as they
discuss the Life Program amid
torrential rain!**

**Bottom: Paul B. cooks up the
picnic fare.**



Quarterly Life Skills meetings:

Next life skills group meetings are:

Sept 26 –Ron Krepps – Beacon Lodge

Nov. 21- Shelley Haubt –BBVS –Kitchen
Gadgets

Diabetic Support groups also meet quarterly:

August 8- Pat Wolfe, Diabetic Educator

October 10-TBA





The gang with Colette

***“I am only one, but still I am one.
I cannot do everything, but still I can
do something; And because I cannot
do everything I will not refuse to do
the something that I can do.”***

- Helen Keller

BIRTHDAYS!

July:

Kay Groff-	2
Evelyn Yanky-	18
Dave Delancy	20



August:

Jean Eckley	6
Joan Lyter	7
Laural Murphy	25
Miriam Peachey	26

Sept:

Wayne Peachey	1
Maryann Van Gorden	12
Pete Roth	21
Peggy Thomas	22
Dave Scott	24
Rita Hoover	25

NUVISIONS CENTER WILL BE
CLOSED:



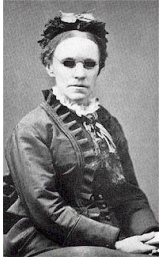
**Thursday, July 4TH for
Independence day.**

and

**Monday, September 2nd for
Labor Day**

THANK YOU FOR YOUR UNDERSTANDING.

Inspirational



If you ever heard or sang hymns in church most likely at some point you sang one of Fanny's many hymns.

Amid struggles of blindness since birth, family loss, the death of her infant daughter and a marriage that was a struggle, Fanny overcame her hurdles to minister to those in need. There are many books about this incredible woman, take the time to check her story out.

Frances Jane van Alstyne (née **Crosby**; March 24, 1820 – February 12, 1915), more commonly known as **Fanny Crosby**, was an American mission worker, poet, lyricist, and composer. She was one of the most prolific hymnists in history, writing more than 8,000 hymns and gospel songs, with more than 100 million copies printed, despite being blind from shortly after birth. She is also known for her teaching and her rescue mission work. By the end of the 19th century, she was a household name.

Crosby was known as the "Queen of Gospel Song Writers" and as the "Mother of modern congregational singing in America", with most American hymnals containing her work. Her gospel songs were "paradigmatic of all revival music", and Ira Sankey attributed the success of the Moody and Sankey evangelical campaigns largely to Crosby's hymns. Some of Crosby's best-known songs include "Pass Me Not, O Gentle Savior", "Blessed Assurance", "Jesus Is Tenderly Calling You Home", "Praise Him, Praise Him", "Rescue the Perishing", and "To God Be the Glory". Some publishers were hesitant to have so many hymns by one person in their hymnals, so Crosby used nearly 200 different pseudonyms during her career.

Crosby also wrote more than 1,000 secular poems and had four books of poetry published, as well as two best-selling autobiographies. Additionally, she co-wrote popular secular songs, as well as political and patriotic songs and at least five cantatas on biblical and patriotic themes, including *The Flower Queen*, the first secular cantata by an American composer. She was committed to Christian rescue missions and was known for her public speaking. -Wikipedia

The science behind puppy dog eyes

Posted by Eleanor Imster in EARTH | June 21, 2019

You know that look your dog gives you, with the raised eyebrows, which melts your heart? A new study says that wolves don't do it. It's a part of how dogs have evolved to communicate with humans.



Image via mnn/Hannamariah/Shutterstock.

It's a look that tugs at dog-lovers' heartstrings, that sad expression with the raised eyebrows. Dogs can do it, according to a new study, because over thousands of years, they have evolved special muscles around the eyes to better communicate with humans.

The research compared the anatomy and behavior of dogs and wolves. The analysis, published June 17, 2019, in the peer-reviewed journal *Proceedings of the National Academy of Sciences*, found that the facial musculature of both dogs and wolves was similar, except above the eyes. Dogs have a small muscle, which allows them to intensely raise their inner eyebrow, which wolves do not.

Bridget Waller, of the University of Portsmouth, is a study co-author. She told *The Guardian*:

[Dogs] are very powerful animals in how they capture our hearts. We pay a lot of attention to faces, they are meaningful to us, and this expression makes dogs look

juvenile and sad. It induces a nurturing response. It's a cute factor.

The study authors suggest that the inner eyebrow raising movement triggers a nurturing response in humans because it makes the dogs' eyes appear larger and more infant-like, and also resembles a movement humans produce when they are sad.

Juliane Kaminski, of the University of Portsmouth, is the study lead author. She said in a statement:

The evidence is compelling that dogs developed a muscle to raise the inner eyebrow after they were domesticated from wolves.



We also studied dogs' and wolves' behavior, and when exposed to a human for two minutes, dogs raised their inner eyebrows more and at higher intensities than wolves.

The findings suggest that expressive eyebrows in dogs may be a result of humans' unconscious preferences that influenced selection during domestication. When dogs make the movement, it seems to elicit a strong desire in humans to look after them. This would give dogs that move their eyebrows more a selection advantage over others and reinforce the 'puppy dog eyes' trait for future generations.

Anatomist Professor Anne Burrows, of Duquesne University, is a co-author of the paper. She said:

To determine whether this eyebrow movement is a result of evolution, we compared the facial anatomy and behavior of these two species and found the muscle that allows for the eyebrow raise in dogs was, in wolves, a scant, irregular cluster of fibers.

The raised inner eyebrow movement in dogs is driven by a muscle which doesn't consistently exist in their closest living relative, the wolf.

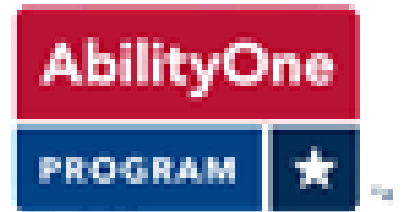
This is a striking difference for species separated only 33,000 years ago and we think that the remarkably fast facial muscular changes can be directly linked to dogs' enhanced social interaction with humans.

The only dog species in the study that did not have the muscle was the Siberian husky.

Bottom line: A new study says that dogs evolved the cute, puppy dog eyes look to better communicate with humans.



SourceAmerica



**United Way
of Mifflin-Juniata**